



2023 DENTAL SLEEP MEDICINE MINI-RESIDENCY

JUPITER, FL

2 Sessions | 32 CE



GAIN THE KNOWLEDGE AND HANDS-ON SKILLS TO IMPLEMENT DENTAL SLEEP MEDICINE AND AIRWAY TREATMENT INTO YOUR DENTAL PRACTICE

OVERVIEW

Session 1 | October 27-28

Session 2 | December 1-2

This 2-session, 32 CE credit program is a comprehensive educational experience for **implementing airway and sleep apnea treatment** into a dental practice.

Learn from leading educators in dental sleep medicine, including Dr. Michael Gelb, DDS, Steve Lamberg, DDS, Karese Laguerre, OMT, Rose Nierman, and our guest faculty of physician specialists.

With an **emphasis on hands-on and practical integration**, you will gain the skills, knowledge, and blueprints needed to incorporate sleep apnea treatment into a dental practice successfully.



LIMITED TO 20
DENTISTS



HANDS-ON EXAM
WORKFLOWS



RECEIVE A CUSTOM
APPLIANCE



EVIDENCE-BASED
LITERATURE
DISCUSSIONS



MEDICAL BILLING
FOR SLEEP APNEA



LEARN FROM
LEADING DSM
MENTORS



COMPREHENSIVE
TREATMENT STRATEGY



PRACTICE GROWTH &
CASE ACCEPTANCE

**FRIDAY-SATURDAY
OCTOBER 27-28**

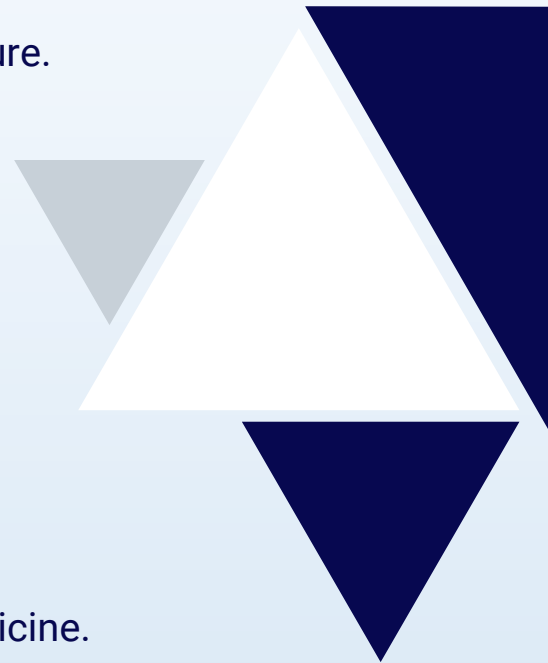
SESSION 1

Day 1

- Airway-Centric Dentistry. WHY become a sleep dentist.
- The science of sleep and breathing.
- Foundations of dental sleep medicine / terminology.
- Treatment options for obstructive sleep apnea.
- Dentistry's role in sleep medicine. Guidelines & literature.
- Oral appliance therapy deep dive.
- Implementing a fool-proof screening protocol.
- Home sleep studies and sleep testing workflow.

Day 2

- Correlation of OSA and 180 medical conditions.
- Team member roles for dental sleep success.
- Communication techniques for case acceptance.
- Hands-on history, exam & workup & bite registration.
- Documentation & medical billing for dental sleep medicine.
- The Lamberg dental sleep medicine toolkit.
- Q&A / Checklist & next steps for implementation.



SESSION 2

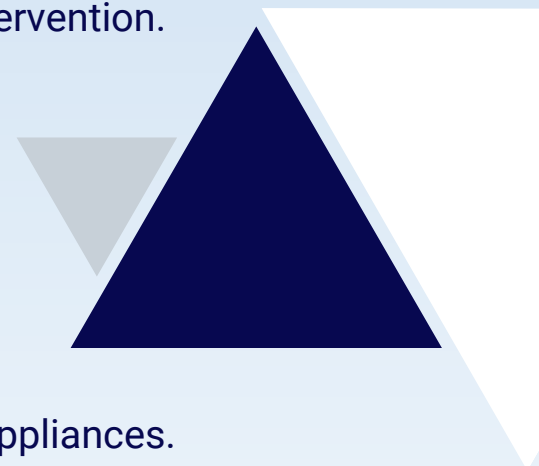
**FRIDAY-SATURDAY
DECEMBER 1-2**

Day 1

- Bruxism, TMD, and the connection with sleep disordered breathing.
- Managing side effects of oral appliance therapy.
- Introduction to myofunctional therapy.
- Pediatric Airway, growth and development, early intervention.
- Understanding the role of the nasal passage.
- Start to finish treatment workflow & visits.

Day 2

- Marketing your sleep practice / building referrals.
- Transcending AHI.
- Process of appliance delivery & calibration of oral appliances.
- Hands-on: Appliance delivery and fitting visit (attendees receive appliance).
- Discuss class case studies.
- Dental sleep medicine practice growth.
- Practice management, medical billing review, final Q&A and next steps.



MEET THE FACULTY



Steve Lamberg, DDS

- Diplomate of AADSM
- Member of AASM, AGD, and AACD
- Creator of the Lamberg SleepWell Oral Appliance



Michael Gelb, DDS

- Diplomate of ABOP
- Co-Founder of AAPMD
- Practice limited to Dental Sleep Medicine and Craniofacial Pain
- Co-Author of GASP



Rose Nierman

- Founder/ CEO Nierman Practice Management
- Most experienced educator in medical billing for dentistry



Karese Laguerre, RDH, OMT, MAS™

- Registered Dental Hygienist & Orofacial Myologist
- Owns private practice, The Myo Spot in New Jersey

"The series has far exceeded my expectations! Dr Lamberg and Dr Gelb's medical integration and understanding are unbelievable and unsurpassed. As you know I've heard a lot of the top lecturers in the past 12 years of OSA. " - Dr. James Goff

TESTIMONIALS



Really informative and instructional. Great tools to take home and practice.

- **Dr. Thomas Manzione**



One of the best courses I have been to. Loved the size of the group and learned so much! Everyone was so nice & helpful.



Commentators were super professional. Thanks for picking these extremely well trained ovators.

- **Dr. Raymond Swainson**



Great course! The instructors were a wealth of knowledge. Glad there's a recording to refer back to. Thank you!



JUPITER, FL

Create a memorable trip while you gain powerful knowledge from leading mentors in dental sleep medicine.



COURSE VENUE

Friday - Saturday: 8am - 5pm EST

Nierman Practice Management Learning Center

221 N Old Dixie Hwy #5,
Tequesta, FL 33469

- Ask about hotel recommendations



PRICE

(Price Includes Both Sessions, On-Demand Replay, & Oral Device)

Dentist | \$4995

Team Member | \$1995

32 CEUs

501 (c)6 non-profit,
AGD PACE Approved
through SCOPE
Institute

Implement dental sleep medicine through this comprehensive mini-residency program with leading educators and mentors that guide you to long-term success.

SPACE IS LIMITED TO 20 ATTENDEES REGISTER TODAY!

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