

Nierman

2024

**DENTAL SLEEP
MEDICINE
MINI-RESIDENCY**

JUPITER, FL

2 Sessions | 32 CE



Dr. Steve Lamberg



Dr. Anjoo Ely



Dr. Shouresh
Charkhandeh



Dr. Mayoor Patel



Dr. Michael Gelb

**GAIN THE KNOWLEDGE AND HANDS-ON SKILLS TO IMPLEMENT DENTAL
SLEEP MEDICINE AND AIRWAY TREATMENT INTO YOUR DENTAL PRACTICE**

OVERVIEW

Session 1 | April 5-6

Session 2 | May 3-4

This 2-session, 32 CE credit program is a comprehensive educational experience for **implementing airway and sleep apnea treatment** into a dental practice.

Learn from leading educators in dental sleep medicine, including Dr. Steve Lamberg, DDS, Dr. Anjoo Ely, DDS, Dr. Shouresh Charkhandeh, DDS, Dr. Mayoor Patel, DDS, MS, Rose Nierman, and our guest faculty of physician specialists.

With an **emphasis on hands-on and practical integration**, you will gain the skills, knowledge, and blueprints needed to incorporate sleep apnea treatment into a dental practice successfully.



LIMITED TO 20 PARTICIPANTS



HANDS-ON EXAM WORKFLOWS



RECEIVE A CUSTOM APPLIANCE



EVIDENCE-BASED LITERATURE DISCUSSIONS



MEDICAL BILLING FOR SLEEP APNEA



MULTI-DISCIPLINARY FACULTY



PEDIATRIC AIRWAY & MYOFUNCTIONAL THERAPY



COMPREHENSIVE TREATMENT STRATEGY

**FRIDAY-SATURDAY
APRIL 5-6**

SESSION 1

Day 1

- Airway-Centric Dentistry
- Factors for normal and abnormal sleep & breathing
- Anatomy and upper airway
- Treatment options for obstructive sleep apnea
- Dentistry's role in sleep medicine
- Understanding oral appliance therapy
- Bite registrations for oral appliance therapy
- Introduction to home sleep studies

Day 2

- TMJ exam, upper airway evaluation
- Correlation of OSA and medical disorders
- Screening and team member roles
- Hands-on history, exam & workup
- Intro to medical billing
- Dental sleep medicine toolkit
- Q&A / Next steps for Monday

★ Dental Sleep Medicine Team Course Breakout Session



**FRIDAY-SATURDAY
MAY 3-4**

SESSION 2

Day 1

- Bruxism, TMJ and the interrelationship with SDB
- Managing side effects of OAT
- Understanding treatment failures
- Sleep disordered breathing in women
- Pediatric Airway, growth and development, early intervention
- Understanding the role of the nasal passage

Day 2

- Marketing you sleep practice/ building relationships
- Transcending AHI
- Process of appliance delivery & titration of OA
- Hands-on: Appliance delivery and fitting/adjustment visit.
- Discuss student cases 1
- Dental sleep medicine practice growth
- Practice management and medical billing

★ **Medical Billing in Dentistry Course Next-Door with Rose Nierman**



MEET THE SPEAKERS



Steve Lamberg, DDS

- Diplomate of AADSM
- Member of AASM, AGD, and AACD
- Creator of the Lamberg SleepWell Oral Appliance



Anjoo Ely, DDS

- Diplomate of AADSM & ASBA
- Member of AAOP, ADA & MDA
- Practice specializing in cosmetic dentistry, sleep apnea, facial pain, and TMJ.



Shouresh Charkhandeh, DDS

- Clinical Director at The Snore Centre in Canada
- Co-founder of Zephyr Sleep Technologies
- 2012 & 2015 Clinical Research Award” from the AADSM



Mayoor Patel, DDS

- Diplomate of DABOP, DABCP, DABDSM, ABCDSM
- Author of “Take a Bite Out of Pain”
- Practice limited to Dental Sleep Medicine and Craniofacial Pain



Michael Gelb, DDS

- Diplomate of ABOP
- Co-Founder of AAPMD
- Practice limited to Dental Sleep Medicine and Craniofacial Pain



Rose Nierman, RDH

- Founder/ CEO Nierman Practice Management
- Most experienced & recognized educator in Medical Billing for Dentistry
- Makes medical billing fun and rewarding to learn

Sleep Physicians and other guest speakers teach you the medical model of sleep apnea.

TESTIMONIALS



Really informative and instructional. Great tools to take home and practice.

- **Dr. Thomas Manzione**

One of the best courses I have been to. Loved the size of the group and learned so much! Everyone was so nice & helpful.

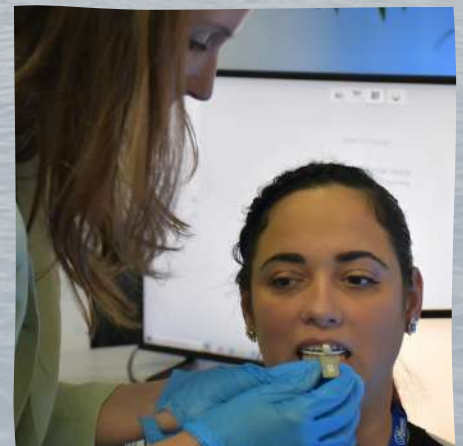


Commentators were super professional. Thanks for picking these extremely well trained ovators.

- **Dr. Raymond Swainson**



Great course! The instructors were a wealth of knowledge. Glad there's a recording to refer back to. Thank you!



JUPITER, FL

It's more than an Education, it's an Experience!



We invite you and your team to join us on Friday night for a 2-hour sunset boat cruise around the beautiful Jupiter Inlet!

COURSE VENUE

Friday - Saturday: 8am - 5pm EST

Nierman Practice Management Learning Center

221 N Old Dixie Hwy #5,
Tequesta, FL 33469

- Ask about hotel recommendations

PRICE

(Price Includes Both Sessions and On-Demand Replay)

Dentist | \$4995
Team Member | \$1995

32 CEUs 501 (c)6 non-profit,
AGD PACE Approved
through SCOPE
Institute

Implement dental sleep medicine through this comprehensive mini-residency program with leading educators and mentors that guide you to long-term success.



SPACE IS LIMITED TO 20 ATTENDEES REGISTER TODAY!

CALL 1.800.879.6468 option 4
or visit www.NiermanPM.com



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